

Example letter of recommendation for applicant under the age of 40

Dear ISSLS Membership Committee

I wish to sponsor [NAME OF APPLICANT] in their application for membership of the International Society for the Study of the Lumbar Spine.

**[OPTIONAL: INSERT PERSONAL RECOMMENDATION HERE]**

**[NAME OF APPLICANT]** satisfies the minimum criteria for ISSLS membership, as indicated below, and has included all required documentation with this application.

- Sponsorship by two members of ISSLS with attached letters of recommendation
- An **up-to-date curriculum vitae** in English, indicating interest in the lumbar spine.
- CV containing a list of all peer-reviewed publications and at least **three** spine-related published papers as lead author (3 most significant contributions are to be attached as PDF copies).
- The applicant has been present at, and been presenting author of, a paper or poster in the scientific program of at least one of the following ISSLS Annual Meetings during the past four years:
  - Spineweek 2023**
  - Boston 2022**
  - Virtual 2021**
  - Melbourne 2020**

Yours sincerely

[Name of Sponsor]